# **GYM SCHEDULE**

Dates: July 2024

Branch: MacColl YMCA



## **Family Gym**

- Tuesday | 4 PM 6 PM
- Thursday | 4 PM 6 PM

# **Open Runs**

- Sunday | 7 AM 8:30AM
- Tuesday | 6:30 AM 8 AM
- Thursday | 6:30 AM 8 AM
- Friday | 6:30 AM 8 AM

#### Open Gym

- Sunday
  - o 5 PM 6:30 PM
- Monday
  - 5:15 AM 8 AM
  - o 12:30 PM 5:15 PM
- Tuesday
  - 5:15 AM 6:30 AM
  - 12:30 PM 6 PM
- Wednesday
  - 5:15 AM 8 AM
  - o 12:30 PM 8:30 PM
- Thursday
  - 5:15 AM 6:30 AM
  - o 12:30 PM 6 PM
- Friday
  - 5:15 AM 6:30 AM
  - o 12:30 PM 8:30 PM
- Saturday
  - 7 AM 8 AM
  - 11 AM 6:30 PM

# **Contact Information**

Please contact Brie Smith or Matt Church with any questions regarding the gymnasium at

briesmith@ymcapawt.org or mchurch@ymcapawt.org

#### **Programs**

- Sunday
  - Adult Basketball League | 9 AM 4 PM
- Monday
  - 8 AM 12:30 PM | Open Pickleball
  - 1PM 2 PM | Preschool Play
  - 5:30 PM 6 PM | Lil' Ballers
  - 6 PM 8:30 PM | Open Volleyball 16+
  - 6:15 PM 7 PM | Jr. Basketball Skills & Drills
  - 7:15 PM 8 PM | Sr. Basketball Skills & Drills
- Tuesday
  - 8 AM 12:30 PM | Open Pickleball
  - 1PM 2 PM | Preschool Play
  - 6 PM 8:30 PM | Open Play Pickleball
- Wednesday
  - 8 AM 12:30 PM | Open Pickleball
  - 1 PM 2 PM | Preschool Play
- Thursday
  - 8 AM 12:30 PM | Open Pickleball
  - 1 PM 2 PM | Preschool Play
  - 6:15 PM 8:30 PM | Adult 3 on 3
  - o 6:15 PM 8:30 PM | Badminton 18+
- Friday
  - 8 AM 12:30 PM | Open Pickleball
  - 6 PM 7 PM | Youth Volleyball
  - 7 PM 8:30 PM | Open Volleyball

#### **Court Closures**

Please know that the courts may close for short periods of time due to rentals or birthday parties.

# **Summer Camp**

Please know that the courts may close at any given time to accommodate Summer Camp space.

#### **Closure Times**

Monday-Friday: 8:30 PM

Saturday & Sunday: 6:30 PM