

GYM SCHEDULE



Dates: March 2024 - May 2024

Branch: MacColl YMCA

Family Gym

- **Tuesday** | 4 PM - 6 PM
- **Thursday** | 4 PM - 6 PM

Open Runs

- **Sunday** | 7 AM - 8:30 AM
- **Tuesday** | 6:30 AM - 8 AM
- **Thursday** | 6:30 AM - 8 AM
- **Friday** | 6:30 AM - 8 AM

Open Gym

- **Sunday**
 - 8:30 AM - 4:30 PM
- **Monday**
 - 5:15 AM - 8 AM
 - 12:30 PM - 6 PM
 - 7 PM - 8:30 PM
- **Tuesday**
 - 5:15 AM - 6:30 AM
 - 12:30 PM - 6 PM
- **Wednesday**
 - 5:15 AM - 8 AM
 - 12:30 PM - 6 PM
- **Thursday**
 - 5:15 AM - 6:30 AM
 - 12:30 PM - 6 PM
 - 7 PM - 8:30 PM
- **Friday**
 - 5:15 AM - 6:30 AM
 - 12:30 PM - 8:30 PM
- **Saturday**
 - 7 AM - 8 AM
 - 12:30 PM - 4:30 PM

Contact Information

Please contact Brie Smith with any questions regarding the gymnasium at
briesmith@ymcapawt.org

Programs

- **Sunday**
 - 1:00 PM - 2:30 PM | Court B Rental
(1st Sunday of every month)
- **Monday**
 - 8 AM - 11 AM | Adv./Int. Pickleball 18+
 - 11:15 AM - 12:30 PM | Intro to Pickleball
 - 1 PM - 2 PM | Preschool Play
 - 5:30 PM - 6 PM | Lil' Kicks
 - 6:15 PM - 7 PM | Youth Soccer
 - 6 PM - 8:30 PM | Open Volleyball 16+
- **Tuesday**
 - 8 AM - 11 AM | Adv./Int. Pickleball 18+
 - 11:15 AM - 12:30 PM | Beginner Pickleball
 - 1 PM - 2 PM | Preschool Play
 - 6 PM - 8:30 PM | Open Play Pickleball
- **Wednesday**
 - 8 AM - 11 AM | Adv./Int. Pickleball 18+
 - 11:15 AM - 12:30 PM | Intro to Pickleball
 - 1 PM - 2 PM | Preschool Play
 - 5:30 PM - 6 PM | Lil' Ballers
 - 6:15 PM - 7 PM | Basketball Fundamentals
 - 7:15 PM - 8 PM | Jr. Basketball Skills & Drills
 - 7:15 PM - 8 PM | Sr. Basketball Skills & Drills
- **Thursday**
 - 8 AM - 11 AM | Adv./Int. Pickleball 18+
 - 11:15 AM - 12:30 PM | Beginner Pickleball
 - 1 PM - 2 PM | Preschool Play
 - 6:15 PM - 7 PM | Volleyball Fundamentals
 - 6:15 PM - 8:30 PM | Badminton 18+
- **Friday**
 - 8 AM - 11 AM | Adv./Int. Pickleball 18+
 - 11:15 AM - 12:30 PM | Beginner Pickleball
 - 6 PM - 7 PM | Youth Volleyball
 - 7 PM - 8:30 PM | Family Volleyball
- **Saturday**
 - 8 AM - 12 PM | Youth Basketball League

Closure Times

Monday-Friday: 8:30 PM
Saturday & Sunday: 4:30 PM