

Lap Lane Schedule



SUNDAY

7 am - 10:30 am
Lap/Exercise (6)

10:30 am - 2:30 pm
Lap/Exercise (4)
Open Swim (2)

MONDAY

5:30 am - 11 am
Lap/Exercise (6)

11 am - 12 pm
Lap/Exercise (1)
Water Aerobics (5)

12 pm - 2 pm
Lap/Exercise (6)

POOL CLOSED 2 pm - 3 pm

3 pm - 3:30 pm
Lap/Exercise (6)

3:30 pm - 5:30 pm
Lap/Exercise (3)
Swim Lessons (3)

5:30 pm - 6 pm
Swim Team (3)
Swim Lessons (3)

6 pm - 7 pm
Swim Team (4)
Lap/Exercise (2)

7 pm - 8:30 pm
Swim Team (6)

TUESDAY

5:30 am - 2 pm
Lap/Exercise (6)

3 pm - 3:30 pm
Lap/Exercise (6)

3:30 pm - 5:30 pm
Lap/Exercise (3)
Swim Lessons (3)

5:30 pm - 6 pm
Swim Team (3)
Swim Lessons (3)

6 pm - 7 pm
Swim Team (3)
Water Aerobics (3)

7 pm - 8:30 pm
Swim Team (6)

WEDNESDAY

5:30 am - 11 am
Lap/Exercise (6)

11 am - 12 pm
Lap/Exercise (1)
Water Aerobics (5)

12 pm - 2 pm
Lap/Exercise (6)

3 pm - 3:30 pm
Lap/Exercise (6)

3:30 pm - 5:30 pm
Lap/Exercise (3)
Swim Lessons (3)

5:30 pm - 6 pm
Swim Team (3)
Swim Lessons (3)

6 pm - 7 pm
Swim Team (4)
Lap/Exercise (2)

7 pm - 8:30 pm
Swim Team (6)

THURSDAY

5:30 am - 2 pm
Lap/Exercise (6)

3 pm - 3:30 pm
Lap/Exercise (6)

3:30 pm - 5:30 pm
Lap/Exercise (3)
Swim Lessons (3)

5:30 pm - 6 pm
Swim Team (3)
Swim Lessons (3)

6 pm - 7 pm
Swim Team (3)
Water Aerobics (3)

7 pm - 8:30 pm
Swim Team (6)

FRIDAY

5:30 am - 2 pm
Lap/Exercise (6)

3 pm - 3:30 pm
Lap/Exercise (6)

3:30 pm - 5:30 pm
Lap/Exercise (4)
Open Swim (2)

5:30 pm - 6 pm
Swim Team (3)
Open Swim (3)

6 pm - 7 pm
Swim Team (3)
Open Swim (3)

7 pm - 8:30 pm
Swim Team (6)

SATURDAY

7 am - 8:45 am
Lap/Exercise (6)

8:45 am - 12 pm
Swim Lessons (6)

12 pm - 2:30 pm
Lap/Exercise (4)
Open Swim (2)

September 2023

Activity Pool Schedule



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7 am - 12 pm Open Swim	5:30 am - 9 am Open Swim	5:30 am - 10 am Open Swim	5:30 am - 9 am Open Swim	5:30 am - 10 am Open Swim	5:30 am - 9:30 am Open Swim	7 am - 8:45 am Open Swim
	9 am - 11 am Family Play No Slide	10 am - 10:45 am Water Aerobics	9 am - 11 am Family Play No Slide	10 am - 10:45 am Water Aerobics	9:30 am - 10:15 am Water Aerobics	8:45 am - 12 pm Swim Lessons
	11 am - 2 pm Open Swim	11 am - 2 pm Open Swim	11 am - 2 pm Open Swim	11 am - 2 pm Open Swim	10:15 am - 2 pm Open Swim	
POOL CLOSED 2 pm - 3 pm						
12 pm - 2:30 pm Family Play w/ Slide	3 pm - 4 pm Open Swim	3 pm - 4 pm Open Swim	3 pm - 4 pm Open Swim	3 pm - 4 pm Open Swim	3 pm - 4 pm Open Swim	12 pm - 2:30 pm Family Play w/ Slide
	4 pm - 6:30 pm Family Play w/ Slide	4 pm - 6 pm Family Play w/ Slide	4 pm - 6:30 pm Family Play w/ Slide	4 pm - 6 pm Family Play w/ Slide	4 pm - 8:30 pm Family Play w/ Slide	
	6:30 pm - 8:30 pm Open Swim	6 pm - 8:30 pm Open Swim	6:30 pm - 8:30 pm Open Swim	6 pm - 8:30 pm Open Swim		