

# Lap Lane Schedule



## SUNDAY

7 am – 9:30 am  
Lap/Exercise (6)

9:30 am – 10:15 am  
Lap/Exercise (5)  
Water Aerobics (1)

10:30 am – 6:30 pm  
Lap/Exercise (4)  
Open Swim (2)

July 30, 2023  
to  
September 9, 2023

## MONDAY

5:30 am – 7:45 am  
Lap/Exercise (6)  
7:45 am – 8:30 am  
Lap/Exercise (4)  
Swim Team (2)

8:30 am – 9 am  
Lap/Exercise (6)  
9 am – 11 am  
Lap/Exercise (4)  
Swim Lessons (2)

11 am – 12 pm  
Lap/Exercise (1)  
Water Aerobics (5)

12 pm – 2 pm  
Lap/Exercise (4)  
Open Swim (2)

3 pm – 3:30 pm  
Lap/Exercise (6)

3:30 pm – 6 pm  
Lap/Exercise (3)  
Swim Lessons (3)

6 pm – 8:30 pm  
Lap/Exercise (6)

## TUESDAY

5:30 am – 7:45 am  
Lap/Exercise (6)  
7:45 am – 8:30 am  
Lap/Exercise (4)  
Swim Team (2)

8:30 am – 12 pm  
Lap/Exercise (6)

12 pm – 2 pm  
Lap/Exercise (4)  
Open Swim (2)

3 pm – 3:30 pm  
Lap/Exercise (6)

3:30 pm – 6 pm  
Lap/Exercise (3)  
Swim Lessons (3)

6 pm – 7:30 pm  
Lap/Exercise (1)  
Swim Lessons (2)  
Water Aerobics (3)

7:30 pm – 8:30 pm  
Lap/Exercise (6)

## WEDNESDAY

5:30 am – 7:45 am  
Lap/Exercise (6)  
7:45 am – 8:30 am  
Lap/Exercise (4)  
Swim Team (2)

8:30 am – 11 am  
Lap/Exercise (6)

11 am – 12 pm  
Lap/Exercise (1)  
Water Aerobics (5)

12 pm – 2 pm  
Lap/Exercise (4)  
Open Swim (2)

3 pm – 3:30 pm  
Lap/Exercise (6)

3:30 pm – 6 pm  
Lap/Exercise (3)  
Swim Lessons (3)

6 pm – 7:30 pm  
Lap/Exercise (4)  
Swim Lessons (2)

7:30 pm – 8:30 pm  
Lap/Exercise (6)

## THURSDAY

5:30 am – 7:45 am  
Lap/Exercise (6)  
7:45 am – 8:30 am  
Lap/Exercise (4)  
Swim Team (2)

8:30 am – 12 pm  
Lap/Exercise (6)

12 pm – 2 pm  
Lap/Exercise (4)  
Open Swim (2)

3 pm – 3:30 pm  
Lap/Exercise (6)

3:30 pm – 6 pm  
Lap/Exercise (3)  
Swim Lessons (3)

6 pm – 7 pm  
Lap/Exercise (3)  
Water Aerobics (3)

7 pm – 8:30 pm  
Lap/Exercise (6)

## FRIDAY

5:30 am – 7:45 am  
Lap/Exercise (6)  
7:45 am – 8:30 am  
Lap/Exercise (4)  
Swim Team (2)

8:30 am – 12 pm  
Lap/Exercise (6)

12 pm – 2 pm  
Lap/Exercise (4)  
Open Swim (2)

3 pm – 3:30 pm  
Lap/Exercise (6)

3:30 pm – 8:30 pm  
Lap/Exercise (4)  
Open Swim (2)

## SATURDAY

7 am – 8:45 am  
Lap/Exercise (6)

8:45 am – 12 pm  
Swim Lessons (6)

12 pm – 6:30 pm  
Lap/Exercise (4)  
Open Swim (2)

**POOL CLOSED 2 pm – 3 pm**

July 30, 2023 – September 9, 2023

# Activity Pool Schedule



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7 am – 12 pm Open Swim	5:30 am – 9 am Open Swim	5:30 am – 10 am Open Swim	5:30 am – 9 am Open Swim	5:30 am – 10 am Open Swim	5:30 am – 9:30 am Open Swim	7 am – 8:45 am Open Swim
	9 am – 11 am Family Play No Slide	10 am – 10:45 am Water Aerobics	9 am – 11 am Family Play No Slide	10 am – 10:45 am Water Aerobics	9:30 am – 10:15 am Water Aerobics	8:45 am – 12 pm Swim Lessons
	11 am – 1 pm Open Swim	11 am – 1 pm Open Swim	11 am – 1 pm Open Swim	11 am – 1 pm Open Swim	10:30 am – 1 pm Open Swim	
	1 pm – 2 pm Family Play w/ Slide	1 pm – 2 pm Family Play w/ Slide	1 pm – 2 pm Family Play w/ Slide	1 pm – 2 pm Family Play w/ Slide	1 pm – 2 pm Family Play w/ Slide	
<b>POOL CLOSED 2 pm – 3 pm</b>						
12 pm – 6:30 pm Family Play w/ Slide	3 pm – 4 pm Open Swim	3 pm – 4 pm Open Swim	3 pm – 4 pm Open Swim	3 pm – 4 pm Open Swim	3 pm – 4 pm Open Swim	12 pm – 6:30 pm Family Play w/ Slide
	4 pm – 6:30 pm Family Play w/ Slide	4 pm – 6 pm Family Play w/ Slide	4 pm – 6:30 pm Family Play w/ Slide	4 pm – 6 pm Family Play w/ Slide	4 pm – 8:30 pm Family Play w/ Slide	
	6:30 pm – 8:30 pm Open Swim	6 pm – 8:30 pm Open Swim	6:30 pm – 8:30 pm Open Swim	6 pm – 8:30 pm Open Swim		