

# BECOME A BETTER YOU!

## SUMMER 2021 PROGRAMS • MACCOLL YMCA

### SESSION DATES

Summer I: 6/28/21 – 7/25/21  
Summer II: 8/2/21 – 8/29/21

### REGISTRATION DATES

**Summer I: Member Registration: 5/31/21 – Non-Member Registration: 6/7/21**  
**Summer II: Member Registration: 7/5/21 – Non-Member Registration: 7/12/21**  
*Register online or in person!*

### Note:

Prices listed are  
**Facility Member / Program Member**

<p><b>YOUTH BASKETBALL</b> <b>Beginner Basketball Skills</b> (Ages 6-9) • Wednesday • 6:15pm-7:00pm • \$40/\$60</p> <p><b>Intermediate &amp; Advanced Skills</b> (Ages 10-17) • Wednesday • 7:15pm-8:00pm • \$40/\$60</p> <p><b>Co-Ed Outdoor Basketball League</b> (8 Weeks) • Saturday (Ages 13-17) 10:00-11:00am • \$80/\$100</p> <p><b>BEGINNER BASEBALL SKILLS</b> (Summer I Only) • Saturday (Ages 6-9) 11am-11:45am • \$40/\$60</p> <p><b>FLAG FOOTBALL SKILLS</b> (Summer I Only) • Saturday (Ages 9-12) 9:30am-10:15am • \$40/\$60</p> <p><b>BEGINNER SOCCER SKILLS</b> (Summer I Only) • Saturday (Ages 6-9) 12:00pm-12:45pm • \$40/\$60</p>	<p><b>BEGINNER LACROSSE SKILLS</b> (Summer II Only) • Saturday (Ages 6-10) 11am-11:45am • \$40/\$60</p> <p><b>FIELD HOCKEY SKILLS</b> (Summer II Only) • Thursday (Ages 6-12) 6pm-7pm • \$40/\$60</p> <p><b>BEGINNER SOFTBALL</b> (Summer II Only) • Saturday (Ages 6-9) 12:15pm-1:00pm • \$40/\$60</p> <p><b>CHEER &amp; CHANT</b> (Summer I Only) (Ages 6-12) • Saturday • 9:30am-10:15am • \$40/\$60</p> <p><b>STRETCH &amp; RUN</b> (Summer II Only) (Ages 9-15) • Saturday • 9:30am-10:15am • \$40/\$60</p>	<p><b>MARTIAL ARTS</b> (Monthly Sign-up) Ages 6-13 • Tuesday/Thursday • <b>BEGINNER:</b> 6:00pm-6:45pm • <b>ADVANCED:</b> 7:00pm-7:45pm • \$40/\$80</p> <p><b>BASIC GYMNASTICS</b> • Thursday • (Ages 6-8) 5:45pm-6:30pm • (Ages 9-12) 6:45pm-7:30pm • \$40/\$60</p> <p><b>DANCE MEDLEY</b> • Saturday • \$40/\$60 (Ages 3-5) 11:15am-12:00pm (Ages 6-8) 12:15pm-1:00pm</p> <p><b>YOUTH STRENGTH TRAINING</b> (AGES 10-12) <b>Summer I (7/12 - 8/7)</b> • <b>Monday</b> 3:30pm-4:30pm • <b>Saturday</b> 10:00am-11:00am • \$40 <b>Summer II (8/16-9/11)</b> • <b>Monday</b> 3:30pm-4:30pm • <b>Saturday</b> 10:00am-11:00am • \$40</p>	<p><b>FAMILY PICK UP VOLLEYBALL</b> (AGES 13+) • Friday • 6:15pm - 7:30pm • \$15/\$25</p> <p><b>ADULT PICK UP VOLLEYBALL</b> (AGES 18+) • Monday • 6:15pm - 7:30pm • \$15/\$25</p> <p><b>PICK UP SOCCER</b> (AGES 18+) • Thursdays • 6:30-7:30pm • \$15/\$25</p> <p><b>WOMEN'S OPEN RUN BASKETBALL</b> (AGES 18+) • Tuesday • 6:30pm - 8pm • <b>FREE FOR MEMBERS</b></p> <p><b>PRIVATE SPORTS COACHING</b> (AGES 8-17) • \$60/120 (3 lessons) • \$120/240 (6 lessons)</p>
<p style="text-align: center;"><b>Please Note:</b></p> <p>Beginning in June 2021, all <b>Non-Member program participants</b> must sign up for a "Program Membership" to be eligible to register for classes. Program Membership is a \$25 annual membership that entitles your entire household to program registration (<i>this does not include facility access or access to Group Exercise classes</i>)</p>			

## PRESCHOOL & TODDLER CLASSES

### Summer 2021

<p><b>PARENT &amp; ME CLASSES</b> (AGES 3-5) (classes require parent participation)</p> <p><b>Soccer: (Tuesday)</b> 5:30pm – 6:15pm</p> <p><b>Basketball: (Wednesday)</b> 5:15pm – 6pm</p> <p><b>T-Ball: (Wednesday)</b> 6:30pm – 7:15pm</p> <p>\$40/\$60</p>	<p><b>DISCOVER &amp; PLAY</b></p> <p><b>Monday</b></p> <p>4pm – 4:45pm 6pm – 6:45pm</p> <p>\$40/\$60</p>	<p><b>LITTLE DRAGONS</b></p> <p><b>MARTIAL ARTS</b></p> <p><b>Saturday</b></p> <p>9:30am – 10am 10:30am – 11am</p> <p>\$40/\$60</p>	<p><b>SPROUTS &amp; SEEDLINGS</b></p> <p><b>Monday</b></p> <p>11:30am</p> <p>\$40/\$60 Non-Member</p>
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FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

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SUMMER 2021 PROGRAMS • MACCOLL YMCA

## SWIM LESSONS

Summer Sessions

Summer I: 6/28/21 - 7/25/21

Summer II: 8/2/21 - 8/29/21

LEVEL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>PARENT/CHILD</b> 30 MIN. CLASS \$40/\$60							
A (ages 6 mos. -2)						9:00am 10:00am 11:00am	
B (ages 2 -3)						9:30am 10:30am	
PRESCHOOL LEVELS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>AGES 3-5</b> 30 MIN. CLASS \$40/\$60							
Pre-K 1	3:30pm 4:30pm 5:30pm <i>(Combo Class Lev. 1&amp;2)</i>		4:00pm			9:00am 9:30am 10:00am 10:30am 11:00am 11:30am	
Pre-K 2	4:00pm		4:30pm			9:00am 9:30am 10:30am 11:00am	
Pre-K 3	5:00pm <i>(Combo Class Lev.3&amp;4)</i>		3:30pm <i>(Combo Class Lev.3&amp;4)</i>			10:00am	
Pre-K 4						11:30am <i>(Combo Class Lev.3&amp;4)</i>	
YOUTH LEVELS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>AGES 6-12</b> 30 MIN. CLASS \$40/\$60							
Y1	5:30pm <i>(Combo Class Lev. 1&amp;2)</i>		5:00pm			9:00am 10:00am 11:00am	
Y2			5:30pm			9:30am 10:30am 11:30am	
Y3	5:00pm 6:00pm <i>(Combo Class Lev.3&amp;4)</i>		6:00pm			9:00am 10:00am 11:00am	
Y4	6:30pm					9:30am 10:30am 11:30am 10:30am	
Y5, Y6			6:30pm				