



MacColl YMCA Lap Pool Schedule

Updated 3/31/21

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7am-11:30am Lap Lanes (6)	5:30am-11am Lap Lanes (6)	5:30am-11am Lap Lanes (6)	5:30am-11am Lap Lanes (6)	5:30am-11am Lap Lanes (6)	5:30am-11am Lap Lanes (6)	7am-8:45am Lap Lanes (6)
	11am-12:30pm Water Aerobics (6)	11am-2pm Lap Lanes (5)	11am-12:30pm Water Aerobics (6)	11am-2pm Lap Lanes (5)	11am-2pm Lap Lanes (5)	
X	12:30pm-2pm Lap Swim (6)		12:30pm-2pm Lap Swim (6)			
X	2pm-3pm <i>Pool Closed</i>	2pm-3pm <i>Pool Closed</i>	2pm-3pm <i>Pool Closed</i>	2pm-3pm <i>Pool Closed</i>	2pm-3pm <i>Pool Closed</i>	8:45am-12pm Swim Lesson (6)
X	3pm-4pm Lap Lanes (5) Swim Lessons (1)	3pm-4pm Lap Lanes (6)	3pm-4pm Lap Lanes (5) Swim Lessons (1)	3pm-4pm Lap Lanes (6)	3pm-4pm Lap Lanes (6)	12pm-2:30pm Lap Lanes (3) Open Swim (3)
X	4pm-5pm Lap Lanes (2) Swim Team (2) Swim Lessons (2)	4pm-6pm Lap Lanes (3) Swim Team (2) Swim Lessons (1)	4pm-6pm Lap Lanes (2) Swim Team (2) Swim Lessons (2)	4pm-6pm Lap Lanes (3) Swim Team (2) Swim Lessons (1)	4pm-6pm Lap Lanes (3) Swim Team (3)	X
	5pm-6pm Lap Lanes (1) Swim Team (3) Swim Lessons (2)					
X	6pm-7pm Lap Lanes (2) Swim Team (4)	6pm-7pm Lap Lanes (2) Water Aerobics (4)	6pm-7pm Lap Lanes (2) Swim Team (4)	6pm-7pm Lap Lanes (2) Water Aerobics (4)	6pm-7pm Lap Lanes (2) Swim Team (4)	X
X	7pm-8:30pm Swim Team (6)	7pm-8:30pm Swim Team (6)	7pm-8:30pm Swim Team (6)	7pm-8:30pm Swim Team (6)	7pm-8:30pm Swim Team (6)	X

Reservations are no longer required for Lap Lanes Monday – Friday between 5am – 3pm.

Lap Lanes are now shared with two people per lane starting at opposite ends of the pool.

Reservations can be made on our website on the “Schedules” page or through the Daxko Mobile app.



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Updated 3/31/21

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7am-11am Open Swim	5:30am-11am Open Swim	5:30am-11am Open Swim	5:30am-11am Open Swim	5:30am-11am Open Swim	5:30am-11am Open Swim	7am-8:45am Open Swim
	11am-2pm Open Swim	11am-3pm Elite Physical Therapy	11am-2pm Open Swim	11am-3pm Elite Physical Therapy	11am-2pm Open Swim	8:45am – 12:30pm Swim Lessons Only
11:30am Pool Closed	2pm-3pm Pool Closed		2pm-3pm Pool Closed		2pm-3pm Pool Closed	12pm – 2:30pm Family Swim
	X	3pm-4pm Open Swim	3pm-8pm Open Swim	3pm-4pm Open Swim	3pm-8pm Open Swim	3pm-4pm Open Swim
4pm-6:30pm Family Play		4pm-6:30pm Family Play		4pm-6:30pm Family Play		X
						
6:30pm-8pm Open Swim	6:30pm-8pm Open Swim	6:30pm-8pm Open Swim				
	8:30pm Pool Closed	8:30pm Pool Closed	8:30pm Pool Closed	8:30pm Pool Closed	8:30pm Pool Closed	

YMCA Family Activity Pool Rules

- The Lifeguard is in charge of the pool and aquatic area at all times.
- Children under the age of 12 must be accompanied by an adult at all times.
- Any swimmer may be asked to complete a standard swim test at any time
- There is no running, breath holding games, rough play or wall jumping.
- No Diving, hanging on lane lines, starting blocks or buoy ropes.
- Use the locker rooms for all changing and personal item storage.
- The YMCA does not provide Flotation Devices.
- ANY swimmer wearing a flotation device must be accompanied by adult into the pool or remain on the side of the pool within arm's length and may not enter the deep end portion of the pool or use the slide.

YMCA Activity Pool Quick Reference Guide

All classes scheduled in the Activity Pool may be subject to change if demand exceeds availability or if class demand does not meet expectations. Participants in water classes should be capable swimmers in both the shallow & deep water of the pool.
 The play area will be closed while the AP is closed for classes.
 The slide is available for swimmers who are capable swimmers who have passed a swim test regardless of height.
 Failure to follow slide rules will result in removal from the pool.

OBEY ALL SLIDE RULES & LIFEGUARD REQUESTS