



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ymcapawtucket.org

BECOME A BETTER YOU!

FALL 2 2020 PROGRAMS • MACCOLL YMCA

SESSION DATES

11/2/20 - 12/20/20

REGISTRATION DATES

Member and Non-member Registration: 10/12/20 - Register online or in person today!

<p>YOUTH SPORTS</p> <p>Beginner Basketball Skills (Ages 6-9)</p> <ul style="list-style-type: none"> • Wednesday • 6:00pm-6:45pm • \$70/90 non-member <p>Intermediate & Advanced Basketball Skills (Ages 10-17)</p> <ul style="list-style-type: none"> • Wednesday • 7:00pm-7:45pm • \$70/90 non-member <p>Co-ed 7v7 Flag Football</p> <ul style="list-style-type: none"> • Saturday • (Ages 9-12) 9-9:45am • (Ages 13-17) 10-10:45am • \$70/90 non-member <p>Co-ed 5v5 Wiffleball</p> <ul style="list-style-type: none"> • Friday • (Ages 9-12) 4:30pm-5:30pm • (Ages 13-17) 5:45pm-6:45pm • \$70/\$90 non-member <p>Field Hockey Skills Clinic</p> <ul style="list-style-type: none"> • Monday • (Ages 6-10) 4:15pm-5:00pm • (Ages 11-17) 5:15pm-6:00pm • \$70/\$90 	<p>Basic Gymnastics</p> <ul style="list-style-type: none"> • Thursday • (Ages 6-8) 6:15pm-7:00pm • (Ages 9-12) 7:15pm-8:00pm • \$70/\$90 <p>MARTIAL ARTS</p> <p>Ages 6-13</p> <ul style="list-style-type: none"> • Tuesday/Thursday • 6:00pm-6:45pm, Beginner • 7:00pm-7:45pm, Advanced • \$70/90 non-member 	<p>YOUTH PROGRAMS</p> <p>Private Sports Coaching Ages 8-17</p> <ul style="list-style-type: none"> • \$60/120 (3 lessons) • \$120/240 (6 lessons) <p>Fit Kids (Ages 8-12)</p> <ul style="list-style-type: none"> • Monday 3:00-3:45pm • Tuesday 6:30-7:15pm • \$70/90 non-member <p>Youth Strength Training (Ages 10-12)</p> <ul style="list-style-type: none"> • Monday 5:45-6:45pm • Saturday 10:00am-11:00am • \$40 <p>Creative Writing/Poetry Class (Ages 13-17)</p> <ul style="list-style-type: none"> • Monday • 6:00pm-6:45pm • \$70/90 non-member 	<p>TEEN/ADULT PROGRAMS</p> <p>Pick Up Volleyball</p> <ul style="list-style-type: none"> • Teens +Up • Friday 6pm - 7:30pm • Ages 18+ • Monday 6pm - 7:30pm • Members only - \$20 <p>Co-ed 6v6 Outdoor Soccer League Ages 18+</p> <ul style="list-style-type: none"> • Tuesday • 5:30pm • \$70/90 non-member <p>Co-ed 7v7 Kickball League</p> <ul style="list-style-type: none"> • 18+ • Saturday • 10/24-11/21 • 10:30am-11:15am • 11:30am-12:15pm • Individual \$40/\$70 • Full Team \$200 <p>Family Disc Golf Challenge</p> <ul style="list-style-type: none"> • Min. Family 2 - Max. Family 4 • Saturday • 1:00pm-2:00pm • FREE
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TODDLER & PRESCHOOL

<p>ABC & 123</p> <p>3-5yrs Monday, 10:00 - 10:40 \$70/90 non-member</p> <p>*NEW PAINTING PALS</p> <p>2.5-5yrs Friday, 10:00-10:40 \$70/90 non-member</p>	<p>POTPOURRI SPORTS</p> <p>3-5yrs Monday, 11:00am \$70/90 non-member</p>	<p>ART-BOOK-COOK</p> <p>3-5yrs Saturday, 11:15-12:00 \$70/90 non-member</p>	<p>LET'S EXPLORE</p> <p>3-5yrs Friday, 9:15-9:45 \$70/90 non-member</p> <p>POTPOURRI</p> <p>3-5yrs Monday, 9:15-9:45 \$70/90 non-member</p>
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***The Strong Challenge:** Coming to a living room near you! Virtual challenge for all. Together we will be healthier and happier!! Text STRONG to 855-520-6222.

SWIM LESSONS

Fall 2: 11/2/20 - 12/20/20

7 Weeks Session

LEVEL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Parents/child 30 minute class Member \$70 Non-member \$90							
A/B Combo A (6 months-2yr) B (2 yrs-3yrs)						12:00pm	
PRESCHOOL LEVELS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30 minutes class 3-5 yrs Member \$70 Non-member \$90						\$40 \$60	
Pre-k 1			5:00pm 6:00pm			8:30am 10:00am 11:00am 11:30am	
Pre-k 2	5:30pm		4:30pm 5:30pm			9:00am 10:30am 11:30am	
Pre-k 3, Pre-k 4 Combo	4:00pm 6:00pm					9:30am	
YOUTH LEVELS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30 minute classes 6-12yrs Member \$70 Non-member \$90							
Y1			4:00pm			9:00am	
Y2			4:30pm			9:30am	
Y3	4:30pm		6:30pm			10:00am	
Y4			4:00pm			10:30am	
Y5, Y6 Combo	5:00pm					8:00am	

*If you feel safer with specific members, neighbors, or relatives and you want to create your own swim pod or sport pod, please contact us at amccormick@ymcapawt.org or jcusati@ymcapawt.org.