

Indoor Pool Schedule

October 2026

PAWTUCKET FAMILY YMCA						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LAP SWIM						
7:15 AM – 4:30 PM 2 Lanes	6:15 AM – 9 AM 4 Lanes	6:15 AM – 9 AM 4 Lanes	6:15 AM – 9 AM 4 Lanes	6:15 AM – 9 AM 4 Lanes	6:15 AM – 9 AM 4 Lanes	7:15 AM – 8 AM 4 Lanes
	10:15 AM – 4 PM 4 Lanes	10:15 AM – 4 PM 4 Lanes	10:15 AM – 4 PM 4 Lanes	10:15 AM – 4 PM 4 Lanes	10:15 AM – 4 PM 4 Lanes	8 AM – 1 PM 2 Lanes
	4 PM – 5:45 PM 1 Lane	4 PM – 5:45 PM 1 Lane	4 PM – 5:45 PM 1 Lane	4 PM – 5:45 PM 1 Lane	4 PM – 8:30 PM 2 Lanes	
	7:30 PM – 8:30 PM 2 Lanes	7:30 PM – 8:30 PM 2 Lanes	7:30 PM – 8:30 PM 2 Lanes	7:30 PM – 8:30 PM 2 Lanes		
OPEN SWIM						
12 PM – 4:30 PM 2 Lanes	4 PM – 7 PM 1 Lane	4 PM – 7 PM 1 Lane	4 PM – 7 PM 1 Lane	4 PM – 7 PM 1 Lane	4 PM – 8:30 PM 2 Lanes	1 PM – 4:30 PM 4 Lanes Water Slide
	7 PM – 8:30 PM 2 Lanes	7 PM – 8:30 PM 2 Lanes	7 PM – 8:30 PM 2 Lanes	7 PM – 8:30 PM 2 Lanes		