

Indoor Pool Schedule

June 23-30 & July 2025

MACCOLL YMCA						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LAP SWIM						
7 AM – 8 AM 6 lanes	5:30 AM – 7:45 AM 6 lanes	5:30 AM – 7:45 AM 6 lanes	5:30 AM – 7:45 AM 6 lanes	5:30 AM – 7:45 AM 6 lanes	5:30 AM – 7:45 AM 6 lanes	7 AM – 8 AM 6 lanes
8 AM – 12 PM 3 lanes	7:45 AM – 8:30 AM 4 lanes	7:45 AM – 8:30 AM 4 lanes	7:45 AM – 8:30 AM 4 lanes	7:45 AM – 8:30 AM 4 lanes	7:45 AM – 8:30 AM 4 lanes	8 AM – 8:45 AM 4 lanes
12 PM – 6:30 PM 4 lanes	8:30 AM – 11 AM 6 Lanes	8:30 AM – 10 AM 6 lanes	8:30 AM – 4 PM 6 lanes	8:30 AM – 10 AM 6 lanes	8:30 AM – 9:30 AM 6 lanes	12 PM – 6:30 PM 4 lanes
	11 AM – 11:45 AM 2 lanes	10:30 AM – 11:15 AM 3 lanes	4 PM – 7 PM 2 lanes	10 AM – 10:45 AM 5 lanes	9:30 AM – 10:15 AM 5 lanes	
	11:45 AM – 4 PM 6 lanes	11:15 AM – 4 PM 6 lanes	7 PM – 8:30 PM 6 lanes	10:45 AM – 4 PM 6 lanes	10:15 AM – 4:30 PM 6 lanes	
	4 PM – 7 PM 2 lanes	4 PM – 7 PM 1 lanes		4 PM – 7 PM 1 lanes	4 PM – 8:30 PM 4 lanes	
	7 PM – 8:30 PM 6 lanes	7 PM – 8:30 PM 6 lanes		7 PM – 8:30 PM 6 lanes		
OPEN SWIM (ACTIVITY POOL)						
7 AM – 9:30 AM	5:30 AM – 9:45 AM	5:30 AM – 9:45 AM	5:30 AM – 9:45 AM	5:30 AM – 10 AM	5:30 AM – 9:30 AM	7 AM – 8:45 AM
11 AM – 6:30 PM Water Slide	11:30 AM – 4 PM	11:30 AM – 4 PM	10:30 AM – 4 PM	11 AM – 4 PM	10:15 AM – 1 PM	12 PM – 6:30 PM Water Slide
		4 PM – 8 PM Water Slide		4 PM – 8 PM Water Slide	1 PM – 8:30 PM Water Slide	

PAWTUCKET FAMILY YMCA						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LAP SWIM						
7:15 AM – 11 AM 4 lanes	6:15 AM – 9 AM 4 lanes	6:15 AM – 9:15 AM 4 lanes	6:15 AM – 9 AM 4 lanes	6:15 AM – 9:15 AM 4 lanes	6:15 AM – 9 AM 4 lanes	7:15 AM – 8 AM 4 lanes
11 AM – 2:30 PM 2 lanes	11:15 AM – 2 PM 4 lanes	12:30 PM – 2 PM 2 lanes	11:15 AM – 2 PM 2 lanes	12:30 PM – 2 PM 2 lanes	10 AM – 4 PM 4 lanes	8 AM – 9:45 AM 2 lanes
	2:45 PM – 4 PM 2 lanes	2:45 PM – 4 PM 4 lanes	2:45 PM – 4:30 PM 4 lanes	2:45 PM – 4 PM 4 lanes	4 PM – 7:30 PM 2 lanes	
	4 PM – 7:30 PM 2 lanes		6:45 PM – 7:30 PM 2 lanes	6:15 PM – 7:30 PM 2 lanes		
OPEN SWIM						
11 AM – 2:30 PM	4 PM – 7:30 PM	4 PM – 7:30 PM	4:30 PM – 7:30 PM	4 PM – 7:30 PM	4 PM – 7:30 PM	12:15 PM – 2:30 PM Water Slide

YMCA of Pawtucket | www.ymcapawtucket.org

MacColl YMCA: (401) 725-0773 | Pawtucket Family YMCA: (401) 727-7900



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