

Indoor Pool Schedule

March 2025

MACCOLL YMCA						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LAP SWIM						
7 AM – 8 AM 6 Lanes	5:30 AM – 11 AM 6 Lanes	5:30 AM – 10:30 AM 6 Lanes	5:30 AM – 9:45 AM 6 Lanes	5:30 AM – 10 AM 6 Lanes	5:30 AM – 9:30 AM 6 Lanes	7 AM – 8 AM 6 Lanes
8 AM – 12 PM 3 Lanes	11 AM – 11:45 AM 2 Lanes	10:30 AM – 11:30 AM 3 Lanes	9:45 AM – 10:30 AM 3 Lanes	10 AM – 10:45 AM 5 Lanes	9:30 AM – 10:15 AM 5 Lanes	8 AM – 8:45 AM 4 Lanes
12 PM – 4:30 PM 4 Lanes	11:45 AM – 4 PM 6 Lanes	11:30 AM – 4 PM 6 Lanes	10:30 AM – 4 PM 6 Lanes	10:45 AM – 4 PM 6 Lanes	10:15 AM – 4 PM 6 Lanes	12 PM – 4:30 PM 4 Lanes
	4 PM – 5:15 PM 4 Lanes	4 PM – 5:15 PM 3 Lanes	4 PM – 5:15 PM 4 Lanes	4 PM – 5:15 PM 3 Lanes	4 PM – 5:15 PM 4 Lanes	
					5:15 PM – 7 PM 2 Lanes	
OPEN SWIM (ACTIVITY POOL)						
7 AM – 9:30 AM	5:30 AM – 9:45 AM	5:30 AM – 9:45 AM	5:30 AM – 9:45 AM	5:30 AM – 10 AM	5:30 AM – 9:30 AM	7 AM – 8:45 AM
11 AM – 4:30 PM Water Slide	11:30 AM – 4 PM	11:30 AM – 4 PM	10:30 AM – 4 PM	11 AM – 4 PM	10:15 AM – 1 PM	12 PM – 4:30 PM Water Slide
		4 PM – 8:30 PM Water Slide		4 PM – 8:30 PM Water Slide	1 PM – 8:30 PM Water Slide	

PAWTUCKET FAMILY YMCA						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LAP SWIM						
7:15 AM – 9 AM 4 Lanes	6:15 AM – 9 AM 4 Lanes	6:15 AM – 9:15 AM 4 Lanes	6:15 AM – 9 AM 4 Lanes	6:15 AM – 9:15 AM 4 Lanes	6:15 AM – 9 AM 4 Lanes	7:15 AM – 9:45 AM 2 Lanes
9 AM – 2:30 PM 2 Lanes	10 AM – 3 PM 4 Lanes	10:15 AM – 11:30 AM 1 Lane	10 AM – 11:30 AM 1 Lane	10:15 AM – 11:30 AM 1 Lane	10 AM – 3 PM 4 Lanes	
	3 PM – 5 PM 2 Lanes	11:30 AM – 4 PM 4 Lanes	11:30 AM – 3 PM 4 Lanes	11:30 AM – 4 PM 4 Lanes	3 PM – 7 PM 2 Lanes	
	5 PM – 6:15 PM 1 Lane	4 PM – 6:15 PM 2 Lanes	3 PM – 7 PM 2 Lanes	4 PM – 6:15 PM 2 Lanes	7 PM – 7:45 PM 4 Lanes	
	6:15 PM – 7 PM 2 Lanes	7 PM – 7:45 PM 2 Lanes	7 PM – 7:45 PM 4 Lanes	7 PM – 7:45 PM 2 Lanes		
OPEN SWIM						
11:45 PM – 2:30 PM	3 PM – 6:15 PM		3 PM – 6:15 PM		3 PM – 7 PM	12:15 PM – 2:30 PM Water Slide