## **ROCK WALL SCHEDULE**

Dates: January	2025		Branch: MacColl YMCA			Life Strategy
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Closed for Set-Up</b>	<b>Closed for Set-Up</b>	<b>Closed for Set-Up</b>	<b>Closed for Set-Up</b>	<b>Closed for Set-Up</b>	<b>Closed for Set-Up</b>	<b>Closed for Set-Up</b>
11:30 am - 12 pm	4 pm - 4:30 pm	4 pm - 4:30 pm	4 pm - 4:30 pm	4 pm - 4:30 pm	4 pm - 4:30 pm	11:30 am - 12 pm
<b>Open Climb</b>	<b>Child Care</b>	<b>Open Climb</b>				
12 pm – 3 pm	4:30 pm - 6 pm	4:30 pm - 6 pm	4:30 pm - 6 pm	4:30 pm - 6 pm	4:30 pm - 6 pm	12 pm - 3 pm
<b>Closed for Clean-Up</b>	<b>Open Climb</b>	<b>Closed for Clean-Up</b>				
3 pm - 3:30 pm	6 pm - 8 pm	6 pm - 8 pm	6 pm - 8 pm	6 pm - 8 pm	6 pm - 8 pm	3 pm - 3:30 pm
	<b>Closed for Clean-Up</b> 8 pm - 8:30 pm					

## **Locations & Color Key:**

Rock Climbing – Open Climb Fitness Programs Closed Our Functional Fitness Room serves as a designated Personal Training and Program space. Occasionally, sessions may be subject to cancellation or relocation. Should you notice the room marked as closed but find it unoccupied, you are more than welcome to utilize the space until it's required for a program or training session. Additionally, this area may close for unscheduled programming on Fridays, Saturdays, and Sundays. Please check the doors for closure updates.