

# Indoor Pool Schedule

January 2025

LAP LANE SCHEDULE						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MACCOLL YMCA						
7 AM – 8 AM 6 lanes	5:30 AM – 11AM 6 Lanes	5:30 AM – 10:30 AM 6 lanes	5:30 AM – 9:45 AM 6 lanes	5:30 AM – 10 AM 6 lanes	5:30 AM – 9:30 AM 6 lanes	7 AM – 8 AM 6 lanes
8 AM – 12 PM 3 lanes	11 AM – 11:45 AM 2 lanes	10:30 AM – 11:30 AM 3 lanes	9:45 AM – 10:30 AM 3 lanes	10 AM – 10:45 AM 5 lanes	9:30 AM – 10:15 AM 5 lanes	8 AM – 8:45 AM 4 lanes
12 PM – 4:30 PM 4 lanes	11:45 AM – 2:30 PM 6 lanes	11:30 AM – 2:30 PM 6 lanes	10:30 AM – 2:30 PM 6 lanes	10:45 AM – 2:30 PM 6 lanes	10:15 AM – 2:30 PM 6 lanes	12 PM – 4:30 PM 4 lanes
	4 PM – 5:15 PM 4 lanes	4 PM – 5:15 PM 3 lanes	4 PM – 5:15 PM 4 lanes	4 PM – 5:15 PM 3 lanes	4 PM – 5:15 PM 4 lanes	
					5:15 PM – 7 PM 2 lanes	
PAWTUCKET FAMILY YMCA						
7:15 AM – 9 AM 4 Lanes	6:15 AM – 9 AM 4 Lanes	6:15 AM – 9:15 AM 4 Lanes	6:15 AM – 9 AM 4 Lanes	6:15 AM – 9:15 AM 4 Lanes	6:15 AM – 9 AM 4 Lanes	7:00 AM – 9:45 AM 2 Lanes
9 AM – 2:30 PM 2 Lanes	10 AM – 3 PM 4 Lanes	10:30 AM – 11:30 AM 1 Lane	10 AM – 11:30 AM 1 Lane	10:30 AM – 11:30 AM 1 Lane	10 AM – 3 PM 4 Lanes	
	5 PM – 7 PM 2 Lanes	11:30 AM – 4 PM 4 Lanes	11:30 AM – 3 PM 4 Lanes	11:30 AM – 4 PM 4 Lanes	5 PM – 6:15 PM 2 Lanes	
	7 PM – 7:45 PM 4 Lanes	7 PM- 7:45 PM 2 Lanes	5 PM – 7:45 PM 2 Lanes	7 PM- 7:45 PM 2 Lanes		

OPEN SWIM SCHEDULE						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MACCOLL YMCA (ACTIVITY POOL)						
7 AM – 11 AM	5:30 AM – 4 PM	5:30 AM – 9:45 AM	5:30 AM – 9:45 AM	5:30 AM – 10 AM	5:30 AM – 9:30 AM	7 AM – 8:45 AM
11 AM – 4:30 PM Water Slide		11:30 AM – 4 PM	10:30 AM – 4 PM	10:45 AM – 4 PM	10:15 AM – 1 PM	12 PM – 4:30 PM Water Slide
		4 PM – 8:30 PM Water Slide		4 PM – 8:30 PM Water Slide	1 PM – 8:30 PM Water Slide	
PAWTUCKET FAMILY YMCA						
11:45 PM – 2:30 PM	5 PM – 6:15 PM		5 PM – 6:15 PM		5 PM – 7 PM	12:15 PM – 2:30 PM Water Slide
					7 PM – 7:45 PM Water Slide	