

# GYM SCHEDULE



Dates: August 2024

Branch: MacColl YMCA

## Family Gym

- **Tuesday** | 4 PM – 6 PM
- **Thursday** | 4 PM – 6 PM

## Open Runs

- **Sunday** | 7 AM – 8:30 AM
- **Tuesday** | 6:30 AM – 8 AM
- **Thursday** | 6:30 AM – 8 AM
- **Friday** | 6:30 AM – 8 AM

## Open Gym

- **Sunday**
  - 5 PM – 6:30 PM
- **Monday**
  - 5:15 AM – 8 AM
  - 12:30 PM – 5:15 PM
- **Tuesday**
  - 5:15 AM – 6:30 AM
  - 12:30 PM – 6 PM
- **Wednesday**
  - 5:15 AM – 8 AM
  - 12:30 PM – 8:30 PM
- **Thursday**
  - 5:15 AM – 6:30 AM
  - 12:30 PM – 6 PM
- **Friday**
  - 5:15 AM – 6:30 AM
  - 12:30 PM – 8:30 PM
- **Saturday**
  - 7 AM – 8 AM
  - 11 AM – 6:30 PM

## Contact Information

Please contact Brie Smith or Matt Church with any questions regarding the gymnasium at

[briesmith@ymcapawt.org](mailto:briesmith@ymcapawt.org) or [mchurch@ymcapawt.org](mailto:mchurch@ymcapawt.org)

## Programs

- **Sunday**
  - Adult Basketball League | 9 AM – 4 PM
- **Monday**
  - 8 AM – 12:30 PM | Open Pickleball
  - 1 PM – 2 PM | Preschool Play
  - 5:30 PM – 6 PM | Lil' Ballers
  - 6 PM – 8:30 PM | Open Volleyball 16+
  - 6:15 PM – 7 PM | Jr. Basketball Skills & Drills
  - 7:15 PM – 8 PM | Sr. Basketball Skills & Drills
- **Tuesday**
  - 8 AM – 12:30 PM | Open Pickleball
  - 1 PM – 2 PM | Preschool Play
  - 6 PM – 8:30 PM | Open Play Pickleball
- **Wednesday**
  - 8 AM – 12:30 PM | Open Pickleball
  - 1 PM – 2 PM | Preschool Play
- **Thursday**
  - 8 AM – 12:30 PM | Open Pickleball
  - 1 PM – 2 PM | Preschool Play
  - 6:15 PM – 8:30 PM | Adult 3 on 3
  - 6:15 PM – 8:30 PM | Badminton 18+
- **Friday**
  - 8 AM – 12:30 PM | Open Pickleball
  - 6 PM – 7 PM | Youth Volleyball
  - 7 PM – 8:30 PM | Open Volleyball

## Court Closures

Please know that the courts may close for short periods of time due to rentals or birthday parties.

## Summer Camp

Please know that the courts may close at any given time to accommodate Summer Camp space.

## Closure Times

Monday–Friday: 8:30 PM

Saturday & Sunday: 6:30 PM