



Aquatics Schedule

February/March 2019

**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

*** Pool use times subject to change. Check for new schedules regularly! ***

	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Lap Swim	8:00am-12:45pm	6:00am-9:45am 10:30am-2:00pm 3:00-4:30pm 6:00pm-8:45pm	6:00am-9:00am 9:45am-4:00pm 6:30pm-8:45pm	6:am-9:45am, 10:30am-4:30pm 7:45pm-8:45pm	6:00am-9:00am 9:45am-4:00pm 6:30pm-8:45pm	6:00am-9:45am, 10:30am-2:00pm 7:45pm-8:45pm	7:00am-9:00am 12:00pm-4:45pm
			9:00am-9:45am		9:00am-9:45am		
				6:pm-7:40pm		6pm-7:40pm	
Pool Programs		H2O EX 9:45-10:30am Whalers 4:30pm-6pm Deep H2O EX 7-7:45pm	H2O Ex 9am-9:45am Lessons 4:00-5:30 pm, Whalers 4:30pm-6pm	H2O EX 9:45-10:30am Whalers 4:30pm-6pm Lessons 6pm-6:40pm Deep H2O EX 7-7:45pm	H2O EX 9am-9:45am Lessons 4:00pm-5:30 pm, Whalers 4:30pm-6:00pm	H2O EX 9:45-10:30am, Lessons 6pm 6:40pm Deep H2O EX 7-7:45 pm	Lessons 9:00am-12:00pm
Adult Rec. Swim <i>Adults only</i>		6:00am-9:00am	6:00am-9:00am	6:00am-9:00am	6:00am-9:00am	6:00am-9:00am	
Family & Member Open Swim	8:00am-12:45pm	10:30am-2pm 3:00pm-4:30pm 6pm-8:45pm <i>*Shallow end only from 7-7:45pm</i>	9:45am-4:00pm 6:30pm-8:45pm	10:30am-4:30pm, 7:40pm-8:45pm <i>*Shallow end only from 7-7:45pm</i>	9:45am-4:00pm 6:30pm-8:45pm	10:30am – 2:00pm 6:00pm - 8:45pm	7:00am-9:00am & 12:00pm-4:45pm

Lap swim: slower pace please use the lane closest to the wall. Please circle swim as needed & keep to the right.