



# MacColl YMCA Aquatics Schedule – Activity Pool

## SUMMER SCHEDULE 6/16-9/2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>7:00-10:00am Open swim</b>	<b>5:30-10am Open swim</b>	<b>530am-6am Open Swim</b>	<b>530am-6am Open Swim</b>	<b>530am-6am Open Swim</b>	<b>530am-6am Open Swim</b>	<b>7am-8am H2O Workouts</b>
<b>10:00-12:00pm Family play</b>	<b>10:30-11:15am Water works</b>	<b>6am-9am H2O Workouts</b>	<b>6am-9am H2O Workouts</b>	<b>6am-9am H2O Workouts</b>	<b>6am-9am H2O Workouts</b>	<b>845am-9am Open Swim</b>
<b>12:30-5:30pm Family play shared w bday parties</b>	<b>11:15-3:30pm Family play</b>	<b>9am-10am Swim Lesson</b>	<b>9am-10am Open Swim</b>	<b>9am-10am Swim Lesson</b>	<b>9am-10am Open Swim</b>	<b>9am-12:15pm CLOSED / SL</b>
<b>5:30-7:30pm Family play</b>	<b>3:30-7:30pm Family play Slide only</b>	<b>10a-1045a Water Works 10:45a-11:15a Strength &amp; Stretch</b>	<b>10:30a-11:15a Water Works</b>	<b>1045a-11:15a Rest &amp; Reju</b>	<b>10a-11:15a Water works</b>	<b>12:30pm-530pm Family Play Combined with bday parties</b>
<b>Pool closes at 7:30pm</b>	<b>7:30-8:30pm Family play</b>	<b>11:15a-2:30p Family Play</b>	<b>11:15a-2:30p Family Play</b>	<b>11:15-2:30pm Family Play</b>	<b>11:15a-2:30pm Family Play</b>	<b>530-7:30pm Family play</b>
	<b>8:30-9:00pm Open swim</b>	<b>2:30-3:30p Open Swim</b>	<b>2:30-3:30p Open Swim</b>	<b>2:30-3:30p Open Swim</b>	<b>2:30-8:30pm Family Play</b>	<b>Pool closes at 7:30pm</b>
		<b>330-630pm Family Play Slide only</b>	<b>330-630pm Family Play Slide only</b>	<b>330-630pm Family Play Slide only</b>	<b>8:30-9:00pm Open swim</b>	
		<b>630pm-730pm Family play slide only</b>	<b>630-730pm family play slide only</b>	<b>630-730pm Family play slide only</b>		
		<b>730pm-830pm Family Play</b>	<b>730pm-830pm Family Play</b>	<b>730pm-830pm Family Play</b>		
		<b>830pm-9pm Open Swim</b>	<b>830pm-9pm Open Swim</b>	<b>830pm-9pm Open Swim</b>		

### YMCA Family Activity Pool Rules

1. The Lifeguard is in charge of the pool and aquatic area at all times.
2. Children 12 and under must have a guardian on the pool deck. .
3. Any swimmer may be asked to complete a standard swim test at any time
4. There is no running, breath holding games, rough play
5. NO hanging on lane lines, jumping off starting blocks or hanging on buoy ropes.
6. Use the locker rooms for all changing and personal item storage.
7. Only lifeguard approved floatation devises allowed. No water wings or tubes allowed.
9. ANY swimmer under 5 or wearing flotation device must be accompanied by adult in the pool with in arms reach at all times.

### YMCA Activity Pool Slide Quick Reference Guide

The slide is available for swimmers who are capable swimmers who have passed a swim test regardless of height.  
Failure to follow slide rules will result in removal from the pool.

FAMILY PLAY –ALL TOYS AND SLIDE ARE ON  
FAMILY PLAY SLIDE ONLY-SLIDE IS ON BUT NOT WATER TOYS