



WOONSOCKET YMCA FALL GYM SCHEDULE September 5th through October 7th

PLEASE NOTE GYM TIMES & SCHEDULE ARE SUBJECT TO CHANGE!

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30 AM		Gym Opens 5:30 AM	Gym Opens 5:30 AM	Gym Opens 5:30 AM	Gym Opens 5:30 AM	Gym Opens 5:30 AM	Gym Opens 7:00 AM
6:00 AM							
7:00			Open Gym 5:30 - 8:00AM	Open Gym 5:30 - 8:00AM	Open Gym 5:30 - 8:00AM	Open Gym 5:30 - 8:00AM	Open Gym 5:30 - 8:00AM
8:00	Adult Member and Parent and Child Open Half Court 8AM-1PM	Beacon/Rise School PE	Beacon/Rise School PE	Beacon/Rise School PE	Beacon/Rise School PE	Beacon/Rise School PE	
9:00							
10:00							
11:00							
12:00 Noon			8:10AM-2:45PM	8:10AM-2:45PM	8:10AM-2:45PM	8:10AM-2:45PM	8:10AM-2:45PM
1:00							Adult Member Open 12:00PM-5PM
2:00							
3:00		Youth and Teen 3:00PM-6:00PM	Youth and Teen 3:00PM-6:00PM	Youth and Teen 3:00PM-6:00PM	Youth and Teen 3:00PM-6:00PM	Youth and Teen 3:00PM-6:00PM	
4:00							
5:00							
6:00							
7:00		Adult Member 6PM-9PM	Adult Member 6PM-9PM	Adult Member 6PM-9PM	Adult Member 6PM-9PM	Adult Member 6PM-9PM	
8:00							
8:30							