

MacColl YMCA Aquatics Schedule – 6 Lane Lap Pool
Winter two affective 2/26-4/14

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7am-9am Lap Swim (6)	530am-9:30am Lap Swim(6)	530am-10am Lap Swim(6)	530am-9am Lap Swim(6)	530am-9am Lap Swim(6)	530am-9am Lap Swim(6)	7am-8am Lap Swim (6)
9am-2pm Private swim Lessons(2) Lap Swim (4)	9:30-10:15am- water ex (3) Lap Swim (3)	10:10:45am Water works (3) Lap Swim (3)	9am-12pm Swim Lesson (1) Lap Swim (2) Water Aero (3)	9am-12pm Swim Lesson (1) Lap Swim (2)	9am-12pm Lap Swim (3) Water Aero (3)	8am-8:45am Lap Swim (4) Swim Lesson (2)
2pm-530pm Open Swim(3) Lap Swim (3)	10:15-11:00am AQUA FIT(3) Lap Swim (2)	10:45-11:15a Strth & Strch(3) Lap swim (3)	1030am-11:15am AQUA FIT(3) Lap Swim (2)	10a-1045a Water Works 10:45-11:15a R& R	1030am-11:15am AQUA FIT(3) Lap Swim (2)	9am-12:15pm Swim Lessons ONLY (6)
12pm-530pm Birthday(3) *shared with open swim Lap Swim (3)	11:00-2:30PM Open Swim (3) Lap Swim (3)	12pm-230pm Open Swim (3) Lap Swim (3)	12pm-230pm Open Swim (3) Lap Swim (3)	12pm-230pm Open Swim (3) Lap Swim (3)	12pm-230pm Open Swim (3) Lap Swim (3)	12:30-1:30pm Swim lesson (1) Lap swim (2) Open swim (3)
530pm Pool Closed	230pm-4pm Lap Swim (4) Open swim (2)	230pm-4pm Lap swim (4) Open swim (2)	230pm-4pm Lap swim (4) Open swim (2)	230pm-4pm Lap swim (4) Open swim (2)	230pm-4pm Lap swim (4) Open Swim (2)	1:30pm-530pm Open Swim(3) Lap Swim (3)
	4:00-600pm Swim Lessons(4) Lap Swim (2)	4:00-600pm Swim Lessons(4) Lap swim (2)	4:00-6:00pm Swim lessons(4) Lap Swim (2)	4:00-6:00pm Lap Swim (4) Open swim (2)	4:00-6:00pm Lap Swim (4) Open swim (2)	1:30-5:30pm* Birthday (2)shared w open lanes
LAP SWIM 3 LANES AVAILABLE 3/19- 4/14	6:00-6:30pm Swim lessons(3) Swim team (3)	6:00-6:30pm Swim lessons(3) Swim team (3)	6:00-6:30pm Swim lessons(4) Lap swim (2)	6:00-6:30pm Swim team (4) Lap swim (2)	4pm-6pm Lap Swim (3) Open / Rental (3)	530pm Pool Closed
LAP SWIM 4 LANES AVAILABLE 3/19- 4/14	6:35-7:35pm SwimTeam (4) Water ex (2)	6:35-7:35pm SwimTeam (4) Water ex (2)	6:35-7:35pm Swim Team (4) Water ex (2)	6:35-7:35pm SwimTeam (4) Water ex (2)	6pm-8:15pm SwimTeam (4) Lap swim (2)	
LAP SWIM 4 LANES AVAILABLE 3/19- 4/14	7:35-8:15pm Swim team(4) Lap swim (2)	7:35-8:00pm Swim team (4) Lap swim (2)	7:35-8:00pm Swim team (4) Lap swim (2)	7:35-8:15pm Swim team (4) Lap swim (2)	8:15-9:00pm Lap swim (6)	
	815pm-9pm Lap swim (6)	815pm-9pm Lap swim (6)	8:00pm-9pm Lap swim (6)	815pm-9pm Lap Swim (6)		
5:30 Pool Closed	9pm Pool Closed	9pm Pool Closed	9pm Pool Closed	9pm Pool Closed	9pm Pool Closed	5:30pm Pool closed

MacColl YMCA Aquatics Schedule – Activity Pool

Schedule affective 2/26- 4/15

Winter Two session

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7am-845am H2O Workouts	530am-6am Open Swim	530am-6am Open Swim	530am-6am Open Swim	530am-6am Open Swim	530am-6am Open Swim	7am-8am H2O Workouts
9am-10am Open Swim	6am-9am H2O Workouts	6am-9am H2O Workouts	6am-9am H2O Workouts	6am-9am H2O Workouts	6am-9am H2O Workouts	845am-9am Open Swim
10am-530pm Family Play Combined w bday parties	9am-10am Open Swim	9am-10am Swim Lesson	9am-10am Open Swim	9am-10am Swim Lesson	9am-10am Open Swim	9am-12pm CLOSED / SL
530pm Pool Closed	1030a-11:15a Water Works	10a-1045a Water Works 10:45a-11:15a Strength & Stretch	10:30a-11:15a Water Works	1045a-11:15a Rest & Reju	10a-11:15a Water works	12:15pm- 530pm Family Play Combined with bday parties
	11:15a-2:30p Family Play (no slide)	11:15a-2:30p Family Play (no slide)	11:15a-2:30p Family Play (no slide)	11:15a-2:30pm Family Play (no slide)	11:15a-1:00pm Family Play (no slide)	530pm Pool Closed
	2:30pm-3:30p Open Swim	2:30pm-3:30p Open Swim	2:30pm-3:30p Open Swim	2:30pm-3:30p Open Swim	1:00-2:15pm School rental	
	330pm-630pm Family Play	330pm-630pm Family Play	330pm-630pm Family Play	330pm-630pm Family Play	2:30pm-630pm Family Play	
	630pm-730pm Open Swim	630pm-730pm Open Swim	630pm-730pm Open Swim	630pm-730pm Open Swim	630pm-730pm Open Swim	
	730pm-830pm Family Play	730pm-830pm Family Play	730pm-830pm Family Play	730pm-830pm Family Play	730pm-830pm Family Play	
	830pm-9pm Open Swim	830pm-9pm Open Swim	830pm-9pm Open Swim	830pm-9pm Open Swim	830pm-9pm Open Swim	

YMCA Family Activity Pool Rules

1. The Lifeguard is in charge of the pool and aquatic area at all times.
2. Children under the age of 12 must have a guardian on the pool deck..
3. Any swimmer may be asked to complete a standard swim test at any time
4. There is no running, breath holding games, rough play
5. NO hanging on lane lines, jumping off starting blocks or hanging on buoy ropes.
6. Use the locker rooms for all changing and personal item storage.
7. Only lifeguard approved floatation devices allowed. No water wings or tubes allowed.
9. ANY swimmer under 5 or wearing a flotation device must be accompanied by adult in the pool with arms reach at all times.

YMCA Activity Pool Quick Reference Guide

All classes scheduled in the Activity Pool may be subject to change if demand exceeds availability or if class demand does not meet expectations. Participants in water classes should be capable swimmers in both the shallow & deep water of the pool.
The play area will be closed while the AP is closed for swim lessons.
The slide is available for swimmers who are capable swimmers who have passed a swim test regardless of height.

Failure to follow slide rules will result in removal from the pool.

OBEY ALL SLIDE RULES & LIFEGUARD REQUEST