



PAWTUCKET FAMILY YMCA EXTREME GYM SCHEDULE July 1st - August 18th

PLEASE NOTE EXTREME GYM TIMES & SCHEDULE ARE SUBJECT TO CHANGE!

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
5:30 AM	Gym Opens 7:00 AM	Gym Opens 5:30 AM	Gym Opens 5:30 AM	Gym Opens 5:30 AM	Gym Opens 5:30 AM	Gym Opens 5:30 AM	Gym Opens 7:00 AM			
6:00 AM		Summer Camp 5:30am - 1:30pm Summer Camp 1:30pm - 6:00pm	Summer Camp 5:30am - 1:30pm Summer Camp 1:30pm - 6:00pm	Summer Camp 5:30am - 1:30pm Summer Camp 1:30pm - 6:00pm	Summer Camp 5:30am - 1:30pm Summer Camp 1:30pm - 6:00pm	Summer Camp 5:30am - 1:30pm Summer Camp 1:30pm - 6:00pm		Summer Camp 5:30am - 1:30pm Summer Camp 1:30pm - 6:00pm		
7:00	Open Gym 7:00am - 3:30pm Times may change Due to scheduled Birthday Parties						Open Gym 7:00am - 4:30pm Times may change Due to scheduled Birthday Parties			
8:00									Gym Closes @ 3:30pm	Gym Closes @ 4:30pm
9:00										
10:00										
11:00										
12:00 Noon										
1:00										
2:00										
3:00										
4:00										
5:00										
6:00	Open Gym 6:00pm - 8:30pm	Open Gym 6:00pm - 8:30pm	Open Gym 6:00pm - 8:30pm	Open Gym 6:00pm - 8:30pm	Open Gym 6:00pm - 8:30pm	Open Gym 6:00pm - 8:30pm				
7:00	Gym Closes @ 8:30pm	Gym Closes @ 8:30pm	Gym Closes @ 8:30pm	Gym Closes @ 8:30pm	Gym Closes @ 8:30pm	Gym Closes @ 8:30pm				
8:00										
8:30										

